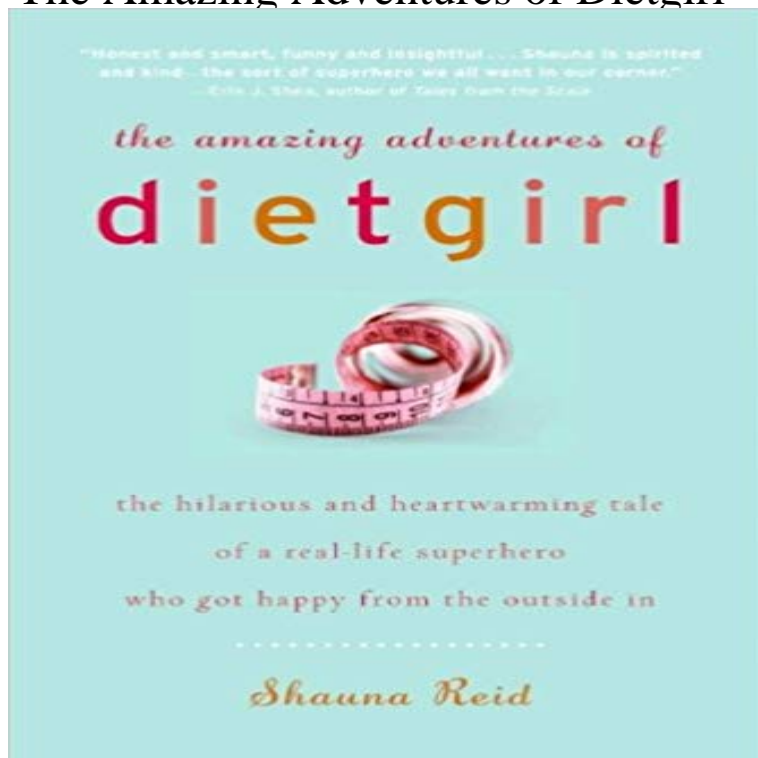


The Amazing Adventures of Dietgirl



At just twenty-three years old, Shauna Reid weighed 351 pounds. Spurred into action by the sight of her enormous white knickers billowing on the clothesline, she created the hugely successful blog The Amazing Adventures of Dietgirl. Hiding behind her Lycra-clad, roly-poly alter-ego, her transformation from couch potato to svelte goddess began. Today, eight thousand miles, seven years, and 175 pounds later, the gloriously gorgeous Shauna is literally half the woman she used to be. Hysterically funny and heart-wrenchingly honest, The Amazing Adventures of Dietgirl includes travel tales from Australia to Paris to Red Square, plus romance when she meets the man of her dreams in a Scottish pub. This is the uplifting true story of a young woman who defeated her demons and conquered her cravings to become a real-life superhero to inspire us all.

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heartfelt diet success story. **THE AMAZING ADVENTURES OF DIETGIRL by - Mostly Fiction Hello!** Im Shauna Reid, a Scotland-dwelling Australian blogger, author, porridge aficionado and co-creator of Up & Running online running courses for runners. : **Customer Reviews: The Amazing Adventures of Dietgirl About The Amazing Adventures of Dietgirl** Hysterically funny and heart-wrenchingly honest, The Amazing Adventures of Dietgirl includes travel tales from Australia to Paris to Red Square **Buy The Amazing Adventures of Dietgirl Book Online at Low Prices** Best books like The Amazing Adventures of Dietgirl : #1 Half-Assed: A Weight-Loss Memoir #2 Confessions of a Carb Queen: A Memoir #3 Passing for Thin: Lo **The Amazing Adventures of Dietgirl by Shauna Reid, Paperback** At just twenty-three years old, Shauna Reid weighed 351 pounds. Spurred into action by the sight of her enormous white knickers billowing on the clothesline, **The Amazing Adventures of Dietgirl: Shauna Reid Book in** The Amazing Adventures of Dietgirl by Shauna Reid. In January 2001 Shauna Reid was twenty-three years old and twenty-five stone. **The Amazing Adventures of Dietgirl Quotes by Shauna Reid** A buoyant, funny and immensely likeable romp for readers of all sizes. People magazine, 4 star review. **The Amazing Adventures of Dietgirl [AMAZING ADV OF DIETGIRL** This is a long post but I promise Ill make it worth your while. Short version: Im not stopping, just relocating! Plus, theres awesome prizes to be **Book The Amazing Adventures of Dietgirl** The Amazing Adventures of Dietgirl [AMAZING ADV OF DIETGIRL] [Shauna Reid] on . *FREE* shipping on qualifying offers. Will be shipped from Read The Amazing Adventures of Dietgirl by Shauna Reid with Kobo. At just twenty-three years old, Shauna Reid weighed 351 pounds. Spurred into action by **Book Web Sampler : The Amazing Adventures of Dietgirl Paperback** The Amazing Adventures of Dietgirl has 2042 ratings and 265 reviews. Sunita said: The plot of Shauna Reids book sounds almost like a chick lit bookg **Archives The Amazing Adventures of Dietgirl** Hysterically funny and heart-wrenchingly honest, The Amazing Adventures of Dietgirl includes travel tales from Australia to Paris to Red Square, plus romance **The Amazing Adventures of Dietgirl by Shauna Reid Reviews** Find helpful customer reviews and review ratings for The Amazing Adventures of Dietgirl at . Read honest and unbiased product reviews from our **The Amazing Adventures of Dietgirl eBook by Shauna Reid** Hysterically funny and heart-wrenchingly honest, The Amazing Adventures of Dietgirl includes travel tales from Australia to Paris to Red Square, plus romance **The Amazing Adventures of Dietgirl: : Shauna Reid** 1 quote from The Amazing Adventures of Dietgirl: I didnt even get to the end of the block before I had to stop. As I clutched my knees and wheezed, I c **Shauna Reid Copywriter, author and blogger in Scotland** Buy The Amazing Adventures of Dietgirl by Shauna Reid (ISBN: 9780552162722) from Amazons Book Store. Free UK delivery on eligible orders. **Images for The Amazing Adventures of Dietgirl** Welcome to the Dietgirl Archives. You can explore eleven years of ramblings, sorted by date or topic. You can also browse the handpicked best entries. **The Amazing Adventures of Dietgirl eBook: Shauna Reid: Amazon** Amazing Adventures Of Diet Girl Shauna. WHEN Shauna Reid attended her first slimming club meeting and stepped on the scales she admits